

Meet Norma, Sunflower Hill's Woman of the Month for October (2006)



Y NOT!! Norma marks her 70th Birthday by climbing the Bath (Maine) YMCA Climbing Wall.

She made it all the way to the top on her first attempt under the instruction of the staff. She has been working at building strength while maintaining a 45 lb weight loss for over two and a half years.

Norma has “enjoyed the ride” thorough out her life. She can pilot a plane, pilot a ship and pilot a business (having owned several). She is a two time breast cancer survivor with a great laugh and indomitable spirit.

Norma is “retired”, having been an IBM Systems Engineer and consultant prior to her entrepreneur years and currently teaches computer and software use at Adult Education centers in Central and Southern Maine.